



# asthma : allergy center

www.myallergycenter.com

## Allergy Shot Consent Form

### Allergy Immunotherapy (Allergy Shots)

After allergy testing, you and your doctor may decide that allergy immunotherapy (allergy shots) is the appropriate treatment for your symptoms. Once a treatment plan has been decided upon, the frequency and duration of shots will be discussed with you. It is important to follow the schedule of allergy treatment. It is important to be aware that the allergy serum is prepared especially for you. If you DO NOT wish to receive allergy shots, please notify our office prior to preparation of the serum. If the allergy serum has already been prepared for you, it is important to note that you are responsible for payment, even if you do not proceed with the allergy injections.

Many patients remain on full strength allergy injections for 3 to 5 years before completion of treatment. If you are late for your injections or miss weekly scheduled injections, your dose may be reduced for your safety. As a result, the overall duration of treatment may have to be adjusted. If you do not believe your immunotherapy has been helpful, it is important to tell your physician. It is always recommended that you practice as much allergen (e.g. pollen, pets, and dust) avoidance as possible to reduce symptoms, even while on allergy immunotherapy and allergy medications

### On the day of your injection:

You will be required to remain in the office for 20-30 minutes after the injection. If you have asthma, or receive treatment for stinging insect venom, you are required to remain in the office for at least 30 minutes. After time has elapsed, please show the nurse the site of injection before leaving the office.

Adverse reactions have been reported following allergy injections. They require attention and may require further treatment. It is important to notify our staff IMMEDIATELY if you experience any of the following:

Generalized itching; hives; itchy eyes; nasal or throat congestion; throat or chest tightness; cough or wheezing; lightheadedness or faintness; nausea; a sense of being unwell or impending doom. Delayed symptoms, such as nasal congestion or wheezing, can occur up to 24hrs and occasionally beyond, but is rare.

These types of systemic reactions may require intervention in the form of epinephrine or other medications as directed by your physician. Rarely, patients experience an anaphylactic reaction - this is a life-threatening medical emergency and requires immediate intervention and admission to the hospital.

### Consent for allergy immunotherapy treatment

I have read and reviewed the information above and I have had the opportunity to ask questions. I agree to abide by the policies outlined above.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

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